

TOUCHLINE



For The Members Of The Tri-County Soccer Referee Association

August 2011

Number 198

To Schedule

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Touchline is the official newsletter of the Tri-County Soccer Referees Association and is published monthly by the association.

Editor:

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For Membership information call 909-440-8319

From The Prez!

By Rick Rehm President TCSRA



Training & Tournaments

Last months AGM was fun the pizza was great and a good time was had by all. Now it is time to get back to the grind. We have training this month at the membership meeting, we will be covering Nutrition and Fitness—Injury prevention. Make sure you are there to get you in service training.

We have tournaments to cover every weekend until the new Coast Soccer League and So. Calif. Developmental League start. Make sure you are in contact with Bob assigner@tcsra.com to get you game assignments.

The New League So. Calif. Developmental League has some different rules please go to the website www.scdslsoccer.com to review there rules. I will review the highlights of the meeting that Bob and I attended at our meeting.

FYI U.S. Soccer renewed there partnership so go out and get your uniforms if you were waiting to see what was going to happen with the uniform manufacturer.

See You at the meeting!



Training Time

By Jeremy Swan, TCSRA Training Officer

Wow It Is August!!!

Wow, can you believe that it is August already. College soccer season has started and everyone can start getting ready for the High School season. With the ending of summer and the starting of the fall season, new challenges await us as we prepare. Make sure you are completely ready for any action coming your way, mentally and physically prepared. With the start of the College Season and reviewing the rules for High School, you start to mix some of them up, from one to another. Please make sure you remember the differences between the Laws of the Game and Rules of Competition.

For our presentation this month, the topic is Fitness, Nutrition, and Hydration. I have heard very good reviews about the presentation and looking forward to it. It is a topic that is very close to home for many referees as refereeing is a part of life. The amount of physical fitness training and proper nutrition really improves your fitness ability during the games. Please make sure you come out and enjoy the monthly meeting. See everyone Thursday night.





From The Assignor

By Bob Karmann USSF Assignor

Tournaments continue into a new fall season
of many challenges to come!



We should have tournaments every weekend until our all league season starts on Sept. 10th. The fall season will be a challenge for me as I will be assigning not just our CSL matches but a new league, So. Calif. Developmental Soccer League. Each league will have their own assigning system which will double the

work for me as our members have to learn both systems to receive their matches. Rick will be explaining more at our meeting this month.

I sent our the league websites a few days ago for all of you to explore and become familiar with before the start

of the season. If you didn't receive that e-mail,

let me know asap as I have had some problems with my mail program this past month. Please contact me at: assignor@tcsra.com.



2011 Tournaments & Important Events

Mark your Calendars

Legends Futbol Cup	January 15 - 17
Irvine Winter Classic	January 15 & 16 and 22 & 23
FC Man United Winter Cup	January 22 & 23
State Cup, Youngers	January 29-30 thru Feb 19 & 20
National Cup, Youngers	Feb 26-27 thru March 19 & 20
CSL Spring League Starts	March 5
Irvine Spring Classic	March 12 & 13 and 19 & 20
FC Man United Cup	March 19 & 20
State Cup, Olders	April 2 & 3 thru April 16 & 17
National Cup, Olders	April 16 thru May 21 & 22
Legends Classic	June 4 & 5
West Coast Futbol Classic	August 20 & 21
So. Calif. Developmental League	September 10
CSL Fall Season Starts	September 10

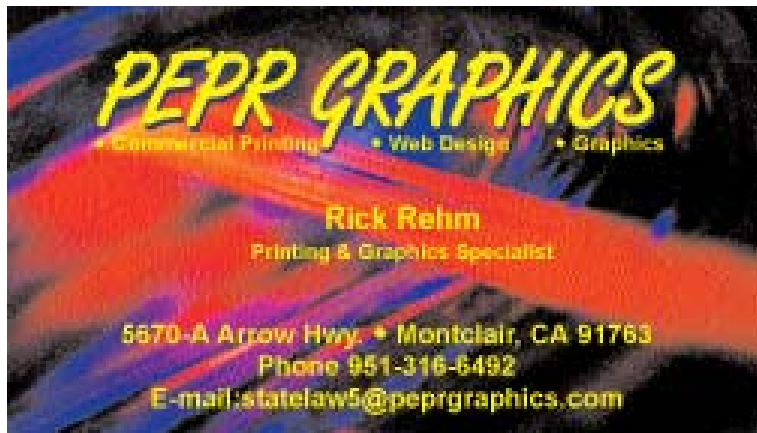
The Monthly Membership Meeting Is Thursday August 11th

At 7:30 P.M.

Michaelangelo's Pizza Restaurant
2467 S. Euclid Ave
Ontario, CA
(909) 984-5161

Location is south of the 60 fwy (behind McDonalds) on the east side of Euclid

**Lets Support Our Meeting Place
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